

Mid-Shore Council on Family Violence

Is Proud to Announce:

We are Expanding our Violence Prevention Program Offerings

In addition to the Abusers Intervention Program (AIP) that we have been providing to increase family safety across the Mid-Shore Region for decades, we now offer Anger Management. The Anger Management Program is meant to help those who have had negative outcomes related to anger or violence and who haven't been involved in domestic violence.

Program	Adult Anger Management	Abuser's Intervention Program (AIP)
Structure	8 weeks – Open Group Clients Must Attend 8 Groups	26 weeks Open Group Clients are allowed to miss two groups
Eligibility	Anyone who finds that their actions or decisions related to anger are hurting themselves or others are eligible. Court Ordered, Self-Referral, Attorney Referral, EAP, Parole & Probation or Private Therapist, 18 yrs. and above Not for Domestic Violence Abusers!	Program designed for individuals who display abusive behavior within the family. Domestic violence is rooted deeper and requires more time. Court Ordered, Self-Referral, Attorney Referral, EAP, Parole & Probation or Private Therapist, 18 yrs. and above are eligible.
Purpose	Assist participants in learning to make better decisions when under stress or experiencing negative emotions.	The program will guide participants to look at the costs that family violence creates on the victim, families, children, neighbors and society and consider the benefits of nonviolence. This program is not for "fixing" a relationship but to stop the violence and abuse that is destroying relationships.
Goals	<ul style="list-style-type: none"> • Participants will learn that anger is a natural feeling that all human beings experience. • There is nothing wrong with feeling anger or other negative emotions. • Participants learn to make better decisions when becoming angry 	<ul style="list-style-type: none"> • Participants will examine their belief systems and behaviors that support violence. • Expand their knowledge of violence and controlling behavior. • Discuss the effects of violence on family members and the participants themselves. • Identify and practice non-controlling alternatives.
Cost	\$35 for intake and \$30 per group (total: \$275)	\$30 for intake and \$25 per group (total \$680)

To Schedule an Intake or Get More Information Contact:

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